Canadian Perspectives Survey Series 4, 2020

Information Sources Consulted During the Pandemic

Statistics Canada Statistique Canada

Canada

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Labour market impacts (LM)

LM_BEG	External Variables required:
LM_R05	The following questions concern your activities during the week of ^REFDATE_E.
LM_Q05	During that week, did you **work** at a job or business? ON-SCREEN HELP: Select "Yes" if you worked **at least one hour**: • for pay (wages, salary, etc.) • in self-employment. Select "No" if you: • were **away** from work for the **entire week** for a reason such as vacation, illness, work schedule or layoff • did not have a job or business. 1 Yes 2 No (Don't know, Refusal not allowed)
LM_C05	If LM_Q05 = 1, go to LM_END. Otherwise, go to LM_Q10.
LM_Q10	During that week, did you have a job or business from which you were **absent**? ON-SCREEN HELP: Select "Yes" if you: • were **away** from work for the **entire week** for a reason such as vacation, illness, parental leave or work schedule • were self-employed with a business, but no work was available. Select "No" if you: • did not have a job or business • had a casual job, but no work was available. 1 Yes 2 No (Don't know, Refusal not allowed)
LM_C10	If LM_Q10 = 1, go to LM_Q15. Otherwise, go to LM_END.
LM_Q15	What was the **main** reason you were absent from work that week?

ON-SCREEN HELP: Would you say:

1 Planned absence not related to COVID-19
Help text: **e.g.,** vacation, work schedule, maternity or parental leave, seasonal job or business
2 Unplanned absence not related to COVID-19
Help text: **e.g.,** illness or disability other than COVID-19, caring for children or elder relative for non-COVID-19 reasons, labour dispute (strike or lockout)
3 Business closure or layoff related to COVID-19
4 Personal circumstances related to COVID-19
Help text: **e.g.,** personal safety, own or household member's diagnosis, self-isolation after recent travel, taking care of children due to school closure
(Don't know, Refusal not allowed)

LM_END

Sources of information (BH1)

BH1_BEG — External Variables required:

BH1_R05 — The following questions are about sources of information relating to the COVID-19 pandemic.

BH1_Q05 — What is your main source of information to find out about COVID-19?

ON-SCREEN HELP: i.e., major symptoms, how and when to get tested, closures, travel restrictions and recommendations, maintaining good mental and physical health.

Would you say:

01 News outlets including local, national and international sources
02 Federal health agency
Help text: e.g., website, public service announcements
03 Provincial or territorial health agency
Help text: e.g., website, public service announcements
04 Municipal health agency
Help text: e.g., website, public service announcements
05 Federal daily announcements by public health and political leaders
06 Provincial or territorial daily announcements by public health and political leaders
07 Social media
Help text: e.g., Facebook, Instagram, SnapChat, TikTok, Twitter, YouTube
08 Family, friends or colleagues
09 Health professionals
10 Schools, universities, colleges
Help text: e.g., email, website
11 Place of employment
12 Other
13 I do not look for information about this
(Don't know, Refusal not allowed)

BH1_END

Checking information sources (FC)

FC_BEG — External Variables required:

FC_C05 — If BH1_Q05 = 13, go to FC_END.
Otherwise, go to FC_Q05.

FC_Q05 — Since the beginning of the COVID-19 pandemic, which of the following online sources have you used to find information on COVID-19?

ON-SCREEN HELP: Select all that apply.

01 Social media posts from other users or influencers
Help text: e.g., Twitter, Facebook, LinkedIn, Instagram, Tumblr
02 Social media posts from news organizations, magazines
03 Online newspapers or news sites
Help text: e.g., Globe and Mail, National Post, CBC News
04 Online magazine on current events
Help text: e.g., Macleans, Vice, Narcity, National Geographic
05 Online forums
Help text: e.g., Reddit, 4Chan, Yahoo Groups
06 Online encyclopedia or repository
Help text: e.g., Wikipedia
07 Blogs
08 Podcasts
09 Online video sharing platforms
Help text: e.g., YouTube, TikTok
10 Email from a friend or family
11 Other
12 Did not use the Internet to find information on COVID-19
(Don't know, Refusal not allowed)

FC_C10 — If FC_Q05 = 12, go to FC_END.
Otherwise, go to FC_R10.

FC_R10 — The following questions are about information you found related to COVID-19 on Internet news sites and social media platforms.

FC_Q10 — Since the beginning of the COVID-19 pandemic, how often did you

check the accuracy of information about COVID-19 on the Internet?

1 Always
2 Often
3 Sometimes
4 Rarely
5 Never
(Don't know, Refusal not allowed)

FC_C15

If FC_Q10 = 5, go to FC_Q20.
Otherwise, go to FC_Q15.

FC_Q15

What did you do to check the accuracy of information you found about COVID-19 on the Internet?

ON-SCREEN HELP: Select all that apply.

01 Did a search on the author or source to see if they are credible
02 Consulted other sources of information to check for consistency and accuracy
03 Clicked on the link to read the entire news article
04 Verified the URL address to see if the site is credible
05 Verified the date of the information
06 Read the comments to see discussion on the topic and source
07 Consulted my friends, family or online network to validate the information
08 Other
(Don't know, Refusal not allowed)

FC_C20

If FC_Q10 ≠ 5, go to FC_Q25.
Otherwise, go to FC_Q20.

FC_Q20

Why did you not check the accuracy of information related to COVID-19 on the Internet?

ON-SCREEN HELP: Select all that apply.

1 Did not think about checking
2 Did not have time to check
3 Did not know how to check
4 Did not care about checking
5 Thought it would be too difficult to check
6 Did not check because knew the source was not reliable
7 Trusted the source without having to check
(Don't know, Refusal not allowed)

FC_Q25 Since the beginning of the COVID-19 pandemic, how often have you seen information related to COVID-19 on the Internet that you suspected was misleading, false or inaccurate?

ON-SCREEN HELP: i.e., fake news

1 Multiple times a day
2 Once a day
3 At least once a week
4 Rarely
5 Never
(Don't know, Refusal not allowed)

FC_Q30 Have you ever believed that information related to COVID-19 was true and then later realized that it was not?

1 Yes
2 No
(Don't know, Refusal not allowed)

FC_Q35 How often have you shared COVID-19-related information that you found online, without knowing about its accuracy?

1 Always
2 Often
3 Sometimes
4 Rarely
5 Never
(Don't know, Refusal not allowed)

FC_END

Behaviours and health impacts (BH)

BH_BEG — External Variables required:

BH_Q20 — Which of the following precautions have you taken to reduce your risk of exposure to COVID-19?

ON-SCREEN HELP: Select all that apply.

01 Stocked up on essentials at a grocery store or pharmacy
02 Filled prescriptions
03 Made a plan for caring for household members who are ill
04 Made a plan for other non-household members
Help text: **e.g.,** elderly relatives
05 Made a plan for communicating with family, friends and neighbours
06 Avoided leaving the house for non-essential reasons
07 Used physical distancing when out in public
Help text: **i.e.,** made changes in your everyday routine to minimize close contact with others
08 Avoided crowds and large gatherings
09 Washed your hands more regularly
10 Avoided touching your face
11 Cancelled travel
12 Worked from home
13 Other
14 None of the above
15 Wore a mask or other personal protective equipment
(Don't know, Refusal not allowed)

BH_R30 — The following two questions are related to your mental health.

BH_Q30

In general, how is your mental health?

1 Excellent
2 Very good
3 Good
4 Fair
5 Poor
(Don't know, Refusal not allowed)

BH_Q150A

Over the last 2 weeks, how often have you been bothered by the following problems?

Feeling nervous, anxious or on edge

1 Not at all
2 Several days
3 More than half the days
4 Nearly every day
(Don't know, Refusal not allowed)

BH_Q150B

Over the last 2 weeks, how often have you been bothered by the following problems?

Not being able to stop or control worrying

1 Not at all
2 Several days
3 More than half the days
4 Nearly every day
(Don't know, Refusal not allowed)

BH_Q150C

Over the last 2 weeks, how often have you been bothered by the following problems?

Worrying too much about different things

1 Not at all
2 Several days
3 More than half the days
4 Nearly every day
(Don't know, Refusal not allowed)

BH_Q150D

Over the last 2 weeks, how often have you been bothered by the following problems?

Trouble relaxing

1 Not at all
2 Several days
3 More than half the days
4 Nearly every day
(Don't know, Refusal not allowed)

BH_Q150E

Over the last 2 weeks, how often have you been bothered by the following problems?

Being so restless that it is hard to sit still

1 Not at all
2 Several days
3 More than half the days
4 Nearly every day
(Don't know, Refusal not allowed)

BH_Q150F

Over the last 2 weeks, how often have you been bothered by the following problems?

Becoming easily annoyed or irritable

1 Not at all
2 Several days
3 More than half the days
4 Nearly every day
(Don't know, Refusal not allowed)

BH_Q150G

Over the last 2 weeks, how often have you been bothered by the following problems?

Feeling afraid as if something awful might happen

1 Not at all
2 Several days
3 More than half the days
4 Nearly every day
(Don't know, Refusal not allowed)

BH_Q55A

How concerned are you about each of the following impacts of COVID-19?
My own health

1 Not at all
2 Somewhat
3 Very
4 Extremely
(Don't know, Refusal not allowed)

BH_Q55B

How concerned are you about each of the following impacts of COVID-19?
Member of the household's health

1 Not at all
2 Somewhat
3 Very
4 Extremely
(Don't know, Refusal not allowed)

BH_Q55C

How concerned are you about each of the following impacts of COVID-19?
Vulnerable people's health

ON-SCREEN HELP: e.g., elderly family members

1 Not at all
2 Somewhat
3 Very
4 Extremely
(Don't know, Refusal not allowed)

BH_Q55D

How concerned are you about each of the following impacts of COVID-19?
Canadian population's health

1 Not at all
2 Somewhat
3 Very
4 Extremely
(Don't know, Refusal not allowed)

BH_Q55E

How concerned are you about each of the following impacts of COVID-19?
World population's health

1 Not at all
2 Somewhat
3 Very
4 Extremely
(Don't know, Refusal not allowed)

BH_Q55F

How concerned are you about each of the following impacts of COVID-19?
Overloading the health system

1 Not at all
2 Somewhat
3 Very
4 Extremely
(Don't know, Refusal not allowed)

BH_Q55G

How concerned are you about each of the following impacts of COVID-19?
Civil disorder

1 Not at all
2 Somewhat
3 Very
4 Extremely
(Don't know, Refusal not allowed)

BH_Q55H

How concerned are you about each of the following impacts of COVID-19?
Maintaining social ties

1 Not at all
2 Somewhat
3 Very
4 Extremely
(Don't know, Refusal not allowed)

BH_Q55I

How concerned are you about each of the following impacts of COVID-19?
Ability to cooperate and support one another during the crisis

1 Not at all
2 Somewhat
3 Very
4 Extremely
(Don't know, Refusal not allowed)

BH_Q55J

How concerned are you about each of the following impacts of COVID-19?
Ability to cooperate and support one another after the crisis

1 Not at all
2 Somewhat
3 Very
4 Extremely
(Don't know, Refusal not allowed)

BH_Q55K

How concerned are you about each of the following impacts of COVID-19?
Family stress from confinement

1 Not at all
2 Somewhat
3 Very
4 Extremely
(Don't know, Refusal not allowed)

BH_Q55L

How concerned are you about each of the following impacts of COVID-19?
Violence in your home

1 Not at all
2 Somewhat
3 Very
4 Extremely
(Don't know, Refusal not allowed)

BH_Q25

In general, how is your health?

1 Excellent
2 Very good
3 Good
4 Fair
5 Poor
(Don't know, Refusal not allowed)

BH_Q35A

Are you doing any of the following activities for your mental or physical health?
Communication with friends and family

1 Yes, for my mental health
2 Yes, for my physical health
3 Yes, for both my mental and physical health
4 No
(Don't know, Refusal not allowed)

BH_Q35B

Are you doing any of the following activities for your mental or physical health?
Meditation

1 Yes, for my mental health
2 Yes, for my physical health
3 Yes, for both my mental and physical health
4 No
(Don't know, Refusal not allowed)

BH_Q35C

Are you doing any of the following activities for your mental or physical health?
Exercise outdoors

1 Yes, for my mental health
2 Yes, for my physical health
3 Yes, for both my mental and physical health
4 No
(Don't know, Refusal not allowed)

BH_Q35D

Are you doing any of the following activities for your mental or physical health?
Exercise indoors

1 Yes, for my mental health
2 Yes, for my physical health
3 Yes, for both my mental and physical health
4 No
(Don't know, Refusal not allowed)

BH_Q35E

Are you doing any of the following activities for your mental or physical health?
Changing my food choices

1 Yes, for my mental health
2 Yes, for my physical health
3 Yes, for both my mental and physical health
4 No
(Don't know, Refusal not allowed)

BH_Q40A — Have your weekly habits changed for any of the following activities? Consuming alcohol

1 Increased
2 Decreased
3 No change
(Don't know, Refusal not allowed)

BH_Q40B — Have your weekly habits changed for any of the following activities? Using tobacco products

1 Increased
2 Decreased
3 No change
(Don't know, Refusal not allowed)

BH_Q40C — Have your weekly habits changed for any of the following activities? Consuming cannabis

1 Increased
2 Decreased
3 No change
(Don't know, Refusal not allowed)

BH_Q40D — Have your weekly habits changed for any of the following activities? Eating junk food or sweets

1 Increased
2 Decreased
3 No change
(Don't know, Refusal not allowed)

BH_Q40E — Have your weekly habits changed for any of the following activities? Watching television

1 Increased
2 Decreased
3 No change
(Don't know, Refusal not allowed)

BH_Q40F — Have your weekly habits changed for any of the following activities? Spending time on the Internet

1 Increased
2 Decreased
3 No change
(Don't know, Refusal not allowed)

BH_Q40G — Have your weekly habits changed for any of the following activities?
Playing video games

1 Increased
2 Decreased
3 No change
(Don't know, Refusal not allowed)

BH_Q40H — Have your weekly habits changed for any of the following activities?
Playing board games

1 Increased
2 Decreased
3 No change
(Don't know, Refusal not allowed)

BH_Q60A — In the last week, that is #{REFDATE_E}, how often did you do each of the following activities?
Went shopping at the grocery store or drugstore

1 Daily or more
2 4 or 5 times
3 1 to 3 times
4 Never
(Don't know, Refusal not allowed)

BH_Q60B — In the last week, that is #{REFDATE_E}, how often did you do each of the following activities?
Used a delivery service for groceries or for a drugstore

1 Daily or more
2 4 or 5 times
3 1 to 3 times
4 Never
(Don't know, Refusal not allowed)

BH_Q60C — In the last week, that is #{REFDATE_E}, how often did you do each of the following activities?
Used a food delivery service for prepared food

ON-SCREEN HELP: e.g., from a restaurant

1 Daily or more
2 4 or 5 times
3 1 to 3 times
4 Never
(Don't know, Refusal not allowed)

BH_Q110 — Excluding members of your household, how many people in total did

you come in **close contact** with **yesterday**?

ON-SCREEN HELP: 'Close contact' means within 2 meters or 6 feet. **Include** any people such as co-workers, relatives, neighbours, delivery workers, other shoppers, health professionals and restaurant employees.

Was it:

1 No contact with people outside my household
2 1 to 2 individuals
3 Between 3 and 5 individuals
4 6 or more individuals
(Don't know, Refusal not allowed)

BH_Q115

Excluding members of your household, how many people in total did you come in **close contact** with **during the last 7 days**?

ON-SCREEN HELP: 'Close contact' means within 2 meters or 6 feet. **Include** any people such as co-workers, relatives, neighbours, delivery workers, other shoppers, health professionals and restaurant employees.

Was it:

1 No contact with people outside my household
2 Between 1 and 3 individuals
3 Between 4 and 8 individuals
4 Between 9 and 15 individuals
5 16 or more individuals
(Don't know, Refusal not allowed)

BH_END

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